

Annex no. 1

to the Resolution no. 09/2023 of the Discipline Council for Health Sciences of 19 January 2023

RULES FOR WRITING DIPLOMA THESES

I. GENERAL RULES

1. Bachelor's theses

1. A Bachelor's thesis is an independent study of a scientific problem using an appropriate research methodology. The student must demonstrate the ability to formulate a research problem, set hypotheses and research objectives, select research methodology and methods of statistical analysis, make correct inferences and select contemporary literature on the subject.
2. Bachelor's theses may take the form of:
 - a review,
 - a case study work (mandatory in case of the following programmes: Nursing and Midwifery – first-cycle studies),
 - research work,
 - scientific paper (review or original)
3. A Bachelor's thesis in the form of a scientific paper must be published or accepted for publication in a peer-reviewed scientific journal from the Ministry of Education and Science list, with the student being the first and the supervisor being the second and last author.
 - Polish affiliation: Uniwersytet Mikołaja Kopernika w Toruniu, Collegium Medicum w Bydgoszczy, Wydział Nauk o Zdrowiu, supervisor's department name in Polish.
 - English-language affiliation: Nicolaus Copernicus University in Torun , Collegium Medicum in Bydgoszcz, Faculty of Health Sciences, supervisor's department name in English.
4. A Bachelor's thesis must be prepared in accordance with the thesis formatting guidelines described in Section III of the regulations.

2. Master's theses

1. A Master's thesis is an independent study of a scientific problem using contemporary scientific research methodology. Students must demonstrate the ability to independently formulate a research problem, set hypotheses and research objectives, select appropriate research methods, conduct statistical analyses using appropriate statistical methods, discuss the results in the context



of contemporary research findings by other authors, draw conclusions based on the research results obtained, and select contemporary literature on the subject, including international literature.

2. A Master's thesis may take the form of:

- research paper,
- original scientific paper.

3. A Master's thesis in the form of a scientific paper must be published or accepted for publication in a peer-reviewed scientific journal from the Ministry of Education and Science list, with the student being the first and the supervisor being the second and the last author.

- Polish affiliation: Uniwersytet Mikołaja Kopernika w Toruniu, Collegium Medicum w Bydgoszczy, Wydział Nauk o Zdrowiu, supervisor's department name in Polish.
- English-language affiliation: Nicolaus Copernicus University in Torun , Collegium Medicum in Bydgoszcz, Faculty of Health Sciences, supervisor's department name in English.

4. A Master's thesis must be prepared in accordance with the thesis formatting guidelines described in Section III of the regulations.

II. THESIS LAYOUT (the work layout is a recommended solution and it is possible to adapt the structure of the thesis to its specificity)**

- Title page – in accordance with the Rector's Order in force.
- Second page - dedication (not compulsory).
- Table of contents.
- List of abbreviations (if necessary); abbreviations should be listed in alphabetical order.
- Theoretical part (critical analysis of the literature on the subject and justification for taking up the subject of the thesis).
- Aim of the thesis.
- Hypotheses.
- Research methodology.
- Research results.
- Discussion (discussion of research results in the light of other authors' research).
- Summary and conclusions (in a research paper, the conclusions must correspond to the research findings).



- Abstract of the paper in Polish and English (number of words: 250-350; and 3 - 5 keywords in Polish and English).
- Literature.
- Annexes (list of tables, figures, consent of the bioethics committee for empirical studies, other annexes).

III. GENERAL THESIS FORMATTING GUIDELINES

1. Page size: A4 format.
2. Page layout: top, bottom and right margins - 2.5 cm wide, left margin - 3.5 cm.
3. Font: Times New Roman or Calibri.
4. Font size:
 - chapter titles - 16 pts,
 - subsection titles - 14 pts,
 - text - 12 pts,
 - tables, figures - 10 pts.
5. Line spacing of 1.5 points (1.0 in the table).
6. Consecutive page numbers at the bottom of each page (centre/right-hand side); no number on title page (the first page is the title page with hidden numbering).
7. Tables:
 - table captions shall be placed above the table,
 - tables are numbered in Roman numerical order,
 - tables should primarily constitute the student's original work.
8. Figures:
 - figure captions shall be placed under the figure or diagram,
 - figures are numbered in Arabic numerical order,
 - figures should primarily constitute the student's original work.

Please note that when using other people's material (photographs, figures), the author of the material must be asked for permission.
9. Literature:
 - the style of citing literature should be standardised (Vancouver style is preferred in medical sciences) <http://www.newmedicine.pl/pl/pismiennictwo/>