

Plan of Study**Enrolment 2024/2025**

Faculty offering the field of study:	Faculty of Health Sciences
Field of study:	physiotherapy
Level of qualification:	long-cycle studies
Level in the Polish Qualifications Framework:	level 7
Degree profile:	general academic
Mode of study:	full-time
Number of semesters:	10
Number of ECTS credits required to complete a programme at a given level:	300
Total number of didactic hours:	5307

1st year* (credit per semester)

Groups of courses	Course	Organisational unit	Course code in USOS/ISCED	ECTS points number	General number of hours	No. of teaching hours involving direct participation of teacher or other instructor - per form of classes ¹										Form of credit	
						1st semester					2nd semester					I semestr	II semestr
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE A. BIOMEDICAL BASICS OF PHYSIOTHERAPY	Normal and Functional Anatomy	Department of Exercise Physiology and Functional Anatomy prof. dr hab. P. Zalewski	1800-F1-APF-SJZ	5	105	15		40			15		35			Credit	Examination
	X-Ray and Surface Anatomy	Department of Physiotherapy	1800-F3-APIR-SJ	1	25								25				Credit with a grade

¹ The form of classes in particular courses must comply with the rules laid down at the NCU principles of establishing the scope of duties of academic teachers, the types of classes covered by these duties and the principles of calculating teaching hours. W-lectures, S – seminars, ĆW – tutorials, ZP – practical classes, P – work placement

		prof. dr hab. A. Goch															
	General Physiology	Department of Exercise Physiology and Functional Anatomy prof. dr hab. P. Zalewski	1800-F2-FZJO-SJ	2	30						10		20			Examination	Examination
	Biochemistry	Department of Geriatrics prof. dr hab. K. Kędziora - Kornatowska	1800-F1-BCH-SJ	1	25						10		15				Credit with a grade
	Medical Biology	Department of Geriatrics prof. dr hab. K. Kędziora - Kornatowska	1800-F1-BM-SJ	1	10	10										Credit with a grade	
	Biophysics	Department of Biophysics	1800-F1-BF-SJ	1	20	10		10								Credit with a grade	
	First Aid	Department of Emergency Medicine	1800-F1-P-SJ	1	15	5		10								Credit with a grade	
	Genetics	Department of Geriatrics prof. dr hab. K. Kędziora - Kornatowska	1800-F1-GE-SJ	1	10						10						Credit with a grade
	Pharmacology in Physiotherapy	Department of Cardiology and Clinical Pharmacology prof. dr hab. G. Grzešek	1800-F1-FwF-SJ	1	10						10						Credit with a grade
	General Pathology	Department of Pathophysiology	1800-F2-PO-SJ	1	10						10						Credit with a grade
MODULE B. GENERAL SCIENCES	Physical Education	CM Centre for Physical Education and Sport	4600-WFFIZ	-	60			30					30			Credit	Credit
	Philosophy and Bioethics	Department of Clinical Neuropsychology	1800-F1-FL-SJ	1	10	10										Credit with a grade	
	History of Physiotherapy	Department of Perinatology, Gynaecology and	1800-F1-HF-SJ	1	5	5										Credit with a grade	

		Gynaecologic Oncology dr M. Socha															
	Public Health	Department of Nutrition and Dietetics Dr hab. D. Nowak, prof. UMK	1800-F1-ZP-SJ	1	5	5										Credit with a grade	
	Demography and Epidemiology	Department of Nutrition and Dietetics Dr hab. D. Nowak, prof. UMK	1800-F1-DiE-SJ	1	5	5										Credit with a grade	
	Foreign Language	Centre for Specialised Languages in Medicine	1628-NoZ-fiz-...-2	2	40								40				Credit with a grade
	Basics of Law	Department of Principles of Medical Law dr A. Gałęska - Śliwka	1800-F1-PPR-SJ	1	10						10						Credit with a grade
	Pedagogy	Department of Principles of Medical Law dr A. Gałęska - Śliwka	1800-F1-PED-SJ	1	10						10						Credit with a grade
	General Sociology and Sociology of Disability	Department of Principles of Medical Law dr A. Gałęska - Śliwka	1800-F1-SOiN-SJ	1	10						10						Credit with a grade
	General Psychology	Department of Clinical Neuropsychology prof. dr hab. A. Borkowska	1800-F1-PSO-SJ	1	15	15										Credit with a grade	
	Clinical Psychology and Psychotherapy	Department of Clinical Neuropsychology prof. dr hab. A. Borkowska	1800-F1-PKiP-SJ	1	20						10		10				Credit with a grade
	Clinical Communication	Department of Clinical Neuropsychology prof. dr hab. A. Borkowska	1800-F1-KK-SJ	1	10								10				Credit with a grade

	Didactics in Physiotherapy	Department of Rehabilitation dr hab. M. Mackiewicz – Milewska, prof. UMK	1800-F5-DF-SJ	1	10						10						Credit with a grade
	Health Care Economics and Systems	Department of Health Economics dr hab. B. Łyszczarz, prof. UMK	1800-F5-EiSOZ-SJ	1	15						10	5					Credit with a grade
	Management and Marketing	Department of Principles of Medical Law dr A. Gałęska - Śliwka	1800-F5-ZiM-SJ	1	15						10	5					Credit with a grade
MODULE C. BASICS OF PHYSIOTHERAPY	Motor Skills Training and Movement Education Methodology	Department of Physiotherapy – prof. dr hab. A. Goch	1800-F1-KR-SJL	5	60	5		25			5		25			Credit	Examination
	General Physiotherapy	Department of Rehabilitation dr hab. M. Mackiewicz – Milewska, prof. UMK	1800-F1-FO-SJL	5	50	10		15			10		15			Credit	Examination
	Health Promotion and Preventive Physiotherapy	Department of Physiotherapy prof. dr hab. A. Goch	1800-F1-PZiF-SJ	2	20						5	15					Credit with a grade
MODULE G. UNIVERSITY'S EXCLUSIVE COURSES	Management of the Physiotherapy Profession	Department of Geriatrics prof. dr hab. K. Kędziora - Kornatowska	1800-F1-OZF-SJ	2	15		15									Credit with a grade	
	Basics of Occupational Therapy	Department of Geriatrics prof. dr hab. K. Kędziora - Kornatowska	1800-F1-PTZ-SJ	2	25	5		20								Credit with a grade	
	Therapeutic Education	Department of Cardiac Rehabilitation and Health Promotion	1800-F1-ET-SJ	2	25	5		20								Credit with a grade	
	Kinesiology	Department of Physiotherapy prof. dr hab. A. Goch	1800-F1-K-SJ	2	40						10		30				Credit with a grade
	Anthropometry	Department of Physiotherapy		1	20						5		15				Credit with a grade

			prof. dr hab. A. Goch														
	Information Technologies		Department of Vascular and Internal Diseases prof. dr hab. J. Budzyński	1800-F1-T-SJL/1800-F1-MI-SJL	1	25							25			Credit with a grade	
	student's choice	Ergonomics or Occupational Diseases Prevention	Department of Physiotherapy prof. dr hab. A. Goch	1800-F1-E-SJ / 1800-F1-PCHZ-SJ	1	15	15									Credit with a grade	
	student's choice	Principles of Nutrition for the Disabled or Sign Language	Department of Nutrition and Dietetics dr hab. D. Nowak, prof. UMK / Department of Geriatrics prof. dr hab. K. Kędziora - Kornatowska	1800-F1-PZON-SJ / 1800-F1-JM-SJ	2	20						5		15		Credit with a grade	
MODULE F. WORK PLACEMENT IN PHYSIOTHERAPY	Assistant/Introductory Work Placement (holiday work placement) (student's choice)		Department of Rehabilitation – dr K. Ogurkowski (work placement co-ordinator))	1800-F1-PWPAW-SJ	5	150									150		Credit
OTHER REQUIRED CLASSES	Library Orientation Head of the Library		Medical Library	1800-F1-BIBL-SJ	-	5	2		3							Credit	
	General OHS Training Dean of the Faculty		Department of OHS Training	9001-eBHP	-	2	2									Credit	
Total:					60	972	124	15	173	0	0	175	25	310	0	150	X

2nd year^{*(credit per year)}

	Course	Organisational unit	Course code in USOS/ ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes										Form of credit	
						hours to be implemented in the 3rd semester					hours to be implemented in the 4th semester					I semestr	II semestr
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		

MODULE A. BIOMEDICAL BASICS OF PHYSIOTHERAPY	Applied Biomechanics and Ergonomics	Department of Rehabilitation	1800-F2-BSiE-SJ	1	20	5		15								Credit with a grade	
	Clinical Biomechanics	Department of Rehabilitation	1800-F2-BK-SJ	2	20						5		15				Credit with a grade
	Neuroanatomy and Neurophysiology	Department of Exercise Physiology and Functional Anatomy	1800-F2-FWF-SJ	3	40	10		30								Examination	
	Physiology of Physical Exercise	Department of Exercise Physiology and Functional Anatomy	1800-F2-N-SJ	2	35						15		20				Examination
MODULE B. GENERAL SCIENCES	Foreign Language	Centre for Specialised Languages in Medicine	1628-NoZ-fiz-...-2	3	80			40					40			Credit with a grade	Credit with a grade
MODULE C. BASICS OF PHYSIOTHERAPY	Kinesitherapy	Department of Physiotherapy	1800-F2-K-SJ	5	140	10		60			10		60				Examination
	Special Massage	Department of Physiotherapy	1800-F2-ML-SJ	3	70	10		60								Examination	
	Physical Therapy	Department of Physiotherapy	1800-F2-F-SJ	4	90	15		30			15		30				Examination
MODULE D. CLINICAL PHYSIOTHERAPY: CLINICAL BASICS OF PHYSIOTHERAPY	Clinical Physiotherapy in Neurology and Neurosurgery	Department of Neurosurgery Neurology	1800-F2-NiN-SJ	4	55	15		40								Credit with a grade	
	Clinical Basics of Physiotherapy in Orthopaedics, Traumatology and Sports Medicine	Department of Physiotherapy	1800-F2-OTMS-SJ	3	55	15		40								Credit with a grade	
	Clinical Basics of Physiotherapy in Rheumatology	Department of Rheumatology and Connective Tissue Diseases	1800-F2-R-SJ	2	35	10		25								Credit with a grade	
	Clinical Basics of Physiotherapy in Paediatrics and Paediatric Neurology	Department of Rehabilitation	1800-F2-PiND-SJ	3	55	15		40								Credit with a grade	
	Clinical Basics of Physiotherapy in Oncology	Department of Oncology	1800-F2-O-SJ	2	20	10		10								Credit with a grade	
	Clinical Basics of Physiotherapy in Cardiology and Cardiac Surgery	Department of Health Promotion	1800-F2-KiK-SJ	3	55	15		40								Credit with a grade	
	Clinical Basics of Physiotherapy in Gynaecology and Obstetrics	Department of Perinatology, Gynaecology and Gynaecologic Oncology	1800-F2-GiP-SJ	1	20						10		10				Credit z oceną

	Clinical Basics of Physiotherapy in Intensive Care		Department of Perioperative Nursing	1800-F2-IT-SJ	1	15					5		10				Credit with a grade
	Clinical Basics of Physiotherapy in Geriatrics		Department of Geriatrics	1800-F2-G-SJ	3	55					15		40				Credit with a grade
	Clinical Basics of Physiotherapy in Palliative Medicine		Department of Palliative Medicine	1800-F2-MP-SJ	1	20					5		15				Credit with a grade
	Clinical Basics of Physiotherapy in Pulmonology		Department of Allergology, Clinical Immunology and Internal Diseases	1800-F2-Pul-SJ	1	15					5		10				Credit with a grade
	Clinical Basics of Physiotherapy in Surgery		Department of Urology	1800-F2-CH-SJ	1	20					10		10				Credit with a grade
MODULE G. UNIVERSITY'S EXCLUSIVE COURSE	Student's choice	University-wide lecture			1	15	15										Credit
		Course lecture															
MODULE F. WORK PLACEMENT IN PHYSIOTHERAPY	Holiday Work Placement – Kinesitherapy Laboratory		Department of Rehabilitation	1800-F2-PWPK-SJ	11	300									300		Credit
Total:					60	1230	145	0	430	0	0	95	0	260	0	300	X

3rd year^{*(credit per year)}

Groups of courses	Course	Organisational unit	Course code in USOS/ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes		Form of credit	
						hours to be implemented in 5th semester	hours to be implemented in 6th semester	I semestr	II semestr

						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE D. CLINICAL PHYSIOTHERAPY: CLINICAL BASICS OF PHYSIOTHERAPY	Clinical Basics of Physiotherapy in Psychiatry	Department of Perioperative Nursing	1800-F2- PSYCH-SJ	2	20	10		10								Credit with a grade	
MODULE D. CLINICAL PHYSIOTHERAPY: CLINICAL PHYSIOTHERAPY IN MUSCULOSKELET AL DYSFUNCTIONS	Clinical Physiotherapy in Orthopaedics and Traumatology, Sports Medicine	Department of Physiotherapy	1800-F3- FKOTM-SJ	5	90	10		40			10		30				Credit with a grade
	Clinical Physiotherapy in Neurology and Neurosurgery	Department of Neurosurgery and Functional and Stereotactic Neurosurgery	1800-F3- FKNiN-SJ	5	90	15		75								Credit with a grade	
	Clinical Physiotherapy in Developmental Age	Department of Physiotherapy	1800-F3- FKwWR-SJ	4	90	15		75								Credit with a grade	
MODULE D. CLINICAL PHYSIOTHERAPY: CLINICAL PHYSIOTHERAPY IN INTERNAL DISEASES	Clinical Physiotherapy in Geriatrics	Department of Geriatrics	1800-F3- FKwG-SJ	4	70	15		55								Credit with a grade	
	Clinical Physiotherapy in Psychiatry	Department of Geriatrics	1800-F3-FKwP- SJ	2	35						15		20				Credit with a grade
	Clinical Physiotherapy in Cardiology and Cardiac Surgery	Department of Health Promotion	1800-F3- FKwKK-SJ	3	55						15		40				Credit with a grade
	Clinical Physiotherapy in Surgery	Department of Perioperative Nursing	1800-F3- FKwCh-SJ	3	45						15		30				Credit with a grade
	Clinical Physiotherapy in Palliative Medicine	Department of Palliative Care	1800-F3- FKwMP-SJ	3	50						10		40				Credit with a grade
	Clinical Physiotherapy in Oncology	Department of Rehabilitation	1800-F3- FKwO-SJ	3	40						10		30				Credit with a grade
	Clinical Physiotherapy in Pulmonology	Department of Palliative Care	1800-F3- FKwPul-SJ	2	30						10		20				Credit with a grade
	Clinical Physiotherapy in Gynaecology and Obstetrics	Department of Physiotherapy	1800-F3- FKwGiP-SJ	2	35						10		25				Credit with a grade
	Clinical Physiotherapy in Rheumatology	Department of Rheumatology and Connective Tissue Diseases	1800-F3- FKwR-SJ	3	50						15		35				Credit with a grade
	Clinical Physiotherapy in Paediatrics	Department of Rehabilitation	1800-F3- FKwPed-SJ	3	55						15		40				Credit with a grade
MODULE G. UNIVERSITY'S EXCLUSIVE OFFER	Supporting Therapies in Peripheral Vascular Diseases	Department of Vascular and Internal Diseases	1800-F3- FKChNO-SJ	1	30	5		25								Credit with a grade	
	Supporting Therapies in Urology	Department of Urology	1800-F3- FKwU-SJ	1	30	5		25								Credit with a grade	

	Basics of Biostatistics	Department of Urology	1800-F4-PB-SJ	1	25						10		15				Credit with a grade
MODULE E. METHODOLOGY OF SCIENTIFIC RESEARCH	Methodology of Scientific Research	Department of Clinical Neuropsychology	1800-F4-MBN-SJ	2	25	5		20								Credit with a grade	
MODULE F. WORK PLACEMENTS	Intra-year Work Placement-work placement in clinical physiotherapy, physical therapy and massagei: Work placement in physical therapy and massage - 50 hours Work placement in clinical physiotherapy - 50 hours: WARDS: Rehabilitation (15 h); Geriatrics (15 h); Cardiology (10 h); Rheumatology (10 h).		1800-F3-PSZFiM-SJ 1800-F3-PSZFK-SJ 1800-F3-PSOR-SJ 1800-F3-PSOG-SJ 1800-F3-PSOK-SJ 1800-F3-PSoRe-SJ	4	100					100						Credit	
	Specialised Holiday Work Placement - Elective		1800-F3-PWP...-SJ	7	200										200		Credit
Total:				60	1165	80	0	325	0	100	135	0	325	0	200	X	

4th year^{*(credit per year)}

Groups of courses	Course	Organisational unit	Course code in USOS/ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes		Form of credit	
						hours to be implemented in 7th semester	hours to be implemented in 8th semester	I semestr	II semestr

						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		
MODULE A. BIOMEDICAL BASICS OF PHYSIOTHERAPY	Clinical Exercise Physiology with Physiological Diagnostics	Department of Exercise Physiology and Functional Anatomy	1800-F4- DFZ-SJ	2	35						10		25				Examination
MODULE C. BASICS OF PHYSIOTHERAPY	Special Massage	Department of Physiotherapy	1800-F4- MS-SJ	3	60	10		50								Credit with a grade	
	Biological Rejuvenation	Department of Physiotherapy	1800-F4- OB.-SJ	2	20	5		15								Credit with a grade	
	Manual Therapy	Department of Physiotherapy	1800-F4- TM-SJ	3	70						10		60				Examination
	Medical Products	Department of Rehabilitation	1800-F4- WM-SJ	2	30	10		20								Credit with a grade	
	Special Methods in Physiotherapy	Department of Physiotherapy	1800-F3- MSwF-SJ	3	60						10		50				Examination
	Adapted Physical Activity	Department of Physiotherapy	1800-F4- ARA-SJ	2	40						10		30				Credit with a grade
MODULE D. CLINICAL PHYSIOTHERAPY: FUNCTIONAL DIAGNOSTICS	Functional Diagnostics in Musculoskeletal Disorders	Department of Rehabilitation	1800-F4- DFwDNR- SJ	5	85	15		70								Examination	
	Functional Diagnostics in Developmental Age	Department of Physiotherapy	1800-F4- DFwWR- SJ	5	85	15		70								Examination	
	Functional Diagnostics in Internal Diseases	Department of Vascular and Internal Diseases	1800-F4- DFwChW- SJ	5	70	15		55								Examination	
MODULE D. CLINICAL PHYSIOTHERAPY: PHYSIOTHERAPY PLANNING	Physiotherapy Planning in Musculoskeletal Dysfunctions	Department of Rehabilitation	1800-F4- PRwDNR- SJ	5	85						20		65				Examination
	Physiotherapy Planning in Developmental Age	Department of Physiotherapy	1800-F4- PRwWR-SJ	5	85						20		65				Examination
	Physiotherapy Planning in Internal Diseases	Department of Rehabilitation	1800-F4- PRwChW- SJ	5	85						20		65				Examination
MODULE E. DIPLOMA SEMINAR	Diploma Seminar		1800-F4- SD.-SJ	1	5								5				Credit
MODULE G. UNIVERSITY'S EXCLUSIVE OFFER	EBP (Evidence-Based Physiotherapy)	Department of Exercise Physiology and Functional Anatomy	1800-F4- EBP-SJ	1	25						10		15				Credit with a grade
	Work Placement in clinical physiotherapy, physical therapy and massage		1800-F4- PSZFim-SJ 1800-F4- PSZFK-SJ	4	100					100						Credit	

MODULE F. WORK PLACEMENT	Work placement in physical therapy and massage - 50 hours Work Placement in Clinical Physiotherapy - 50 hours: WARDS: Neurology (15 h); Intensive Care (10 h); Orthopaedics(15 h); Neurosurgery (10 h).		1800-F4-PSON-SJ 1800-F4-PSOIT-SJ 1800-F4-PSOOR-SJ 1800-F4-PSONE-SJ														
	Specialised Holiday Work Placement - Elective		1800-F4-PWP....-SJ	7	200										200		Credit
	Total:			60	1140	70	0	280	0	100	110	0	380	0	200	X	

5th year^{*(credit per year)}

Groups of courses	Course	Organisational unit	Course code in USOS/ISCED	ECTS points number	General number of hours	Number of hours with direct participation of teachers or other instructors - by form of classes										Form of credit	
						hours to be implemented in 9th semester					hours to be implemented in 10th semester					I semestr	II semestr
						W	S	ĆW	ZP	P	W	S	ĆW	ZP	P		

MODULE C. BASICS OF PHYSIOTHERAPY	Disabled Sport		Department of Physiotherapy	1800-F5- SON-SJ	3	40	10		30							Credit with a grade	
	Balneoclimatology		Department of Physiotherapy	1800-F5-B-SJ	3	30	10		20							Credit with a grade	
MODULE G. UNIVERSITY'S EXCLUSIVE OFFER	Specialised Path: Respiratory Physiotherapy		Department of Palliative Care		1	20			20							Credit with a grade	
	Specialised Path: Environmental Physiotherapy		Department of Palliative Care		1	20							20				Credit with a grade
	Physiotherapy Planning in in Masticatory Disorders		Department of Physiotherapy	1800-F4- PRwDNZ-SJ	1	15					5		10				Credit with a grade
	Coordinated Care		Department of Physiotherapy	1800-F4-OK- SJ	1	20							20				Credit with a grade
	Physiotherapy in Hypertension		Department of Physiotherapy	1800-F5- FwH-SJ	1	15	15									Credit with a grade	
	Diagnostic Imaging in Physiotherapy		Department of Diagnostic Imaging		1	25	5		20							Credit with a grade	
	student's choice	Specialised Path: Paediatric Physiotherapy or Oncology Physiotherapy	Department of Physiotherapy <u>lub</u> Department of Rehabilitation		2	25			25							Credit with a grade	
	student's choice	Specialised Path: Active Rehabilitation or Post-Stroke Physiotherapy	Department of Physiotherapy <u>lub</u> Department of Rehabilitation		2	25			25							Credit with a grade	
	student's choice	Neurolinguistics <u>lub</u> Reflexotherapy	Department of Clinical Neuropsychology <u>or</u> Department of Rehabilitation	1800-F4- Neuro-SJ/ 1800-F4- Refl-SJ	2	25					5		20				Credit with a grade
MODULE E. DIPLOMA SEMINAR	Diploma Seminar			1800-F5- SD...SJ	22	30		15					15				Credit
MODULE F. WORK PLACEMENT	Work Placement in Clinical Physiotherapy, physical therapy and massage (semester work placement) Work Placement in Physical Therapy and Massage – 100 hours Work Placement in Clinical Physiotherapy - 410 hours: WARDS: Paediatrics (25 h), Neurology (50 h); Orthopaedics (50 h);			1800-F5- PSZFM-SJ 1800-F5- PSZFK-SJ 1800-F5- PSOP-SJ 1800-F5- PSON-SJ 1800-F5- PSOOR-SJ	20	510									510		Credit

	Intensive Care (25 h); Neurosurgery (50 h); Rehabilitation (75 h); Surgery (25 h); Geriatrics (50 h); Cardiology (30 h); Rheumatology (30 h).		1800-F5-PSOIT-SJ 1800-F5-PSONE-SJ 1800-F5-PSOR-SJ 1800-F5-PSOCh-SJ 1800-F5-PSOG-SJ 1800-F5-PSOK-SJ 1800-F5-PSORe-SJ														
Total:				60	800	40	15	140	0	0	10	15	70	0	510	X	

The Plan of Study is valid from the semester of the academic year

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(Dean’s stamp and signature)