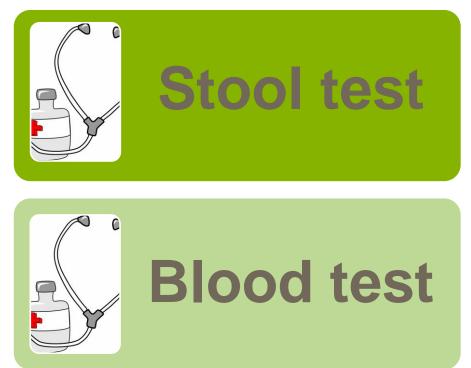
# Medical examination

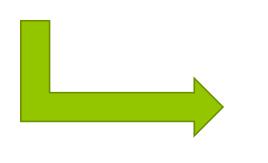
In order to be allowed to have contact with patients during your classes and holiday practical trainings all students of medicine need to have the medical examinations done.



We advise to do the stool test before doing the blood test.

## **Stool Test**

- Collect a confirmation of being a student ("zaświadczenie") from the Office of Centre for Medical Education in English.
- Take the confirmation and go to Wojewódzka Stacja Sanitarno Epidemiologiczna to collect 3 plastic containers for your stool samples.





Gather 3 samples – one sample a day, 3 days in a row, according to the schedules below (otherwise they may refuse to accept the samples!) and take them to Wojewódzka Stacja Sanitarno-Epidemiologiczna:
Day 1: sample preferably after 16.00
Day 2: sample can be taken at any time during the day
Day 3: sample in the morning and then take all 3 samples to Wojewódzka Stacja Sanitarno-Epidemiologiczna before 12.00 (because the samples have to be submitted no later than 48 hours from taking the first one).

If you want to submit the samples on Thursday in the afternoon, then:

Day 1 (Tuesday): sample after 18.00

- Day 2 (Wednesday): sample can be taken at any time during the day
- Day 3 (Thursday): sample in the morning and then take all 3 samples to Wojewódzka Stacja Sanitarno-Epidemiologiczna preferably right after 14.00 (because the samples have to be submitted no later than 48 hours from taking the first one).

If you cannot gather the samples 3 days in a row, ie. you miss the third one, then you have to take the 2 samples that you have on the 3rd day anyway, and then when you have the last sample, take it to the station. Remember that in this case the break between taking the first and the last sample cannot be longer than 7 days (so no more than 4 days of break between submitting the first samples and the missing one).

The samples need to be kept in the fridge!

• Collect the result when it is ready (it usually takes around 4-5 days).

#### Where to go?

### Wojewódzka Stacja Sanitarno-Epidemiologiczna w Bydgoszczy, ul. Kujawska 4

(submitting the samples – building E, ground floor, room E; collection of results – building E, room E4)



#### **Opening hours:**

Mon.	Submitting the samples: 7:30 – 12:00 Collection of results: 7:30 – 14:00
Tues.	Submitting the samples: 7:30 – 12:00 Collection of results: 7:30 – 14:00
Wed.	Submitting the samples: 7:30 – 12:00 Collection of results: 7:30 – 14:00
Thurs.	Submitting the samples: 7:30 –12:00 & 14:00- 17:00 Collection of results: 7:30 – 17:00
Fri.	Collection of results <u>only</u> : 7:30 – 14:00





Edycja w Kreatorze map Google

## **Blood Test**

- Collect the referral ("skierowanie") from the Office of Centre for Medical Education in English.
- Go to Jurasz Hospital and enter the building from the side of ul. Jurasza
- Go to the building "Zespół Poradni Specjalistycznych" (Outpatient Clinic)
- Take the lift to the 2nd floor and then turn right, room 236.
- Give your referral ("skierowanie" taken from our office) to a nurse and then collect a blood test referral from the nurse.

#### Opening hours for collecting blood test referrals from the nurses:

#### Mon. – Fri.: 10:30 a.m. – 2:00 p.m.

 Go to the Reception Desk at the ground floor and <u>register for the blood test</u> (pay attention whether the date suggested to you does not clash with your classes!)

#### Hours for blood sample collection:

Mon. – Fri.: 7:15 a.m. – 9:00 a.m.

#### Opening hours of the reception desk at the ground floor:

Mon. – Fri.: 7:30 a.m. – 5:00 p.m.

#### **REMEMBER!**

The blood test has to be done on an empty stomach so you should not eat or drink anything before you go to the laboratory.



In order to finish your mission you have to register for a visit with the OHS doctor (occupational health service doctor).

#### You should do that together with blood test registration at the reception desk on the ground floor of ,Zespół Poradni Specjalistycznych'

You will receive information with the number of a room where you should go to visit OHS doctor. Again, please pay attention whether the date suggested to you does not clash with your classes!

<u>OHS doctor</u>: Dr Joanna Kozłowska

#### OHS doctor consulting hours:

Monday: 10:00 a.m. – 3:00 p.m. Tuesday – Thursday: 10:00 a.m. – 2:00 p.m.

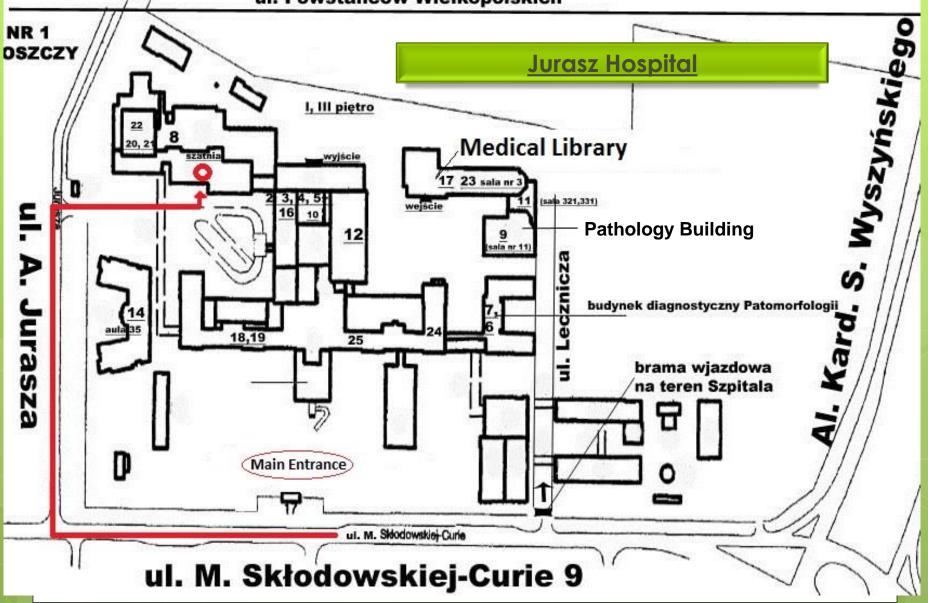
(please note that the registration to the doctor is for an exact day, but not an exact hour, you need to be there between the hours mentioned above and wait if necessary)

- Don't forget to take your stool test results for a visit with the OHS doctor!
- Your blood test results will be handed over to the OHS doctor so you do not have to collect them.
- You will receive two medical certificates from the OHS doctor: ZAŚWIADCZENIE and ORZECZENIE.

Bring both to the office!

Where to go?







## Good Luck!

Centre for Medical Education in English in Nicolaus Copernicus University Collegium Medicum in Bydgoszcz